

| <b>Name</b>       | <b>Vorname</b> | <b>AltKI</b> | <b>Verein</b>              | <b>Schw</b> | <b>Wechs</b> | <b>Rad</b> | <b>Kajak</b> | <b>Lauf</b> | <b>Gesamt</b>  |
|-------------------|----------------|--------------|----------------------------|-------------|--------------|------------|--------------|-------------|----------------|
| <b>Bartzok</b>    | Thorsten       | 23-39        | TRC Essen 84               | 0:07:42     | 0:00:40      | 0:31:12    | 0:19:25      | 0:24:07     | <b>1:23:06</b> |
| <b>Eberhardt</b>  | Franziska      | 16-22        | WSC Heidelberg Quadrathlon | 0:07:29     | 0:00:49      | 0:35:48    | 0:27:04      | 0:29:08     | <b>1:40:18</b> |
| <b>Howar</b>      | Hans-Jürgen    | 60-69        | TVK 1877 Essen             | 0:10:24     | 0:01:36      | 0:35:33    | 0:23:04      | 0:32:09     | <b>1:42:46</b> |
| <b>Klamm</b>      | Bernd          | 60-69        | SVS Emmerzhausen           | 0:11:52     | 0:01:18      | 0:36:57    | 0:34:46      | 0:32:02     | <b>1:56:55</b> |
| <b>Koch</b>       | Lars           | 50-59        | WSV Beverungen             | 0:07:51     | 0:01:33      | 0:29:29    | 0:21:16      | 0:25:04     | <b>1:25:13</b> |
| <b>Lahr</b>       | Henning        | 50-59        | KVB Rheinsheim/KV Worms    | 0:07:59     | 0:01:10      | 0:32:34    | 0:23:43      | 0:27:53     | <b>1:33:19</b> |
| <b>Meierhoff</b>  | Frank          | 60-69        | TSV Amicitia Viernheim     | 0:08:54     | 0:01:09      | 0:35:36    | 0:25:26      | 0:36:05     | <b>1:47:10</b> |
| <b>Menke</b>      | Gabi           | 50-59        | WSV Beverungen             | 0:08:57     | 0:01:18      | 0:34:24    | 0:24:34      | 0:29:35     | <b>1:38:48</b> |
| <b>Mertens</b>    | Christian      | 50-59        | Übach-Palenberg            | 0:11:50     | 0:02:10      | 0:40:15    | 0:40:56      | 0:37:39     | <b>2:12:50</b> |
| <b>Nickol</b>     | Walter         | 60-69        | RSV Daadetal               | 0:09:30     | 0:01:19      | 0:34:46    | 0:27:32      | 0:35:26     | <b>1:48:33</b> |
| <b>Paulus</b>     | Wolfgang       | 50-59        | WSC Heidelberg Quadrathlon | 0:08:53     | 0:01:43      | 0:34:22    | 0:30:54      | 0:29:04     | <b>1:44:56</b> |
| <b>Teichert</b>   | Lisa           | 23-39        | Quadrathlon WSC Heidelberg | 0:07:11     | 0:00:54      | 0:32:50    | 0:21:04      | 0:29:31     | <b>1:31:30</b> |
| <b>Teichert</b>   | Stefan         | 23-39        | Quadrathlon WSC Heidelberg | 0:07:10     | 0:01:05      | 0:32:10    | 0:20:41      | 0:30:27     | <b>1:31:33</b> |
| <b>Ulber</b>      | Dieter         | 40-49        | FSV Steinbach              | 0:08:29     | 0:01:34      | 0:35:15    | 0:29:38      | 0:31:16     | <b>1:46:12</b> |
| <b>Wintermayr</b> | Jens           | 23-39        | TVK 1877 Essen             | 0:08:26     | 0:01:16      | 0:26:53    | 0:21:57      | 0:22:37     | <b>1:21:09</b> |
| <b>Zimmerer</b>   | David          | 23-39        | Quadrathlon WSC Heidelberg | 0:07:28     | 0:01:10      | 0:36:06    | 0:28:07      | 0:26:29     | <b>1:39:20</b> |